

# **suara**indonesia DANCE GROUP

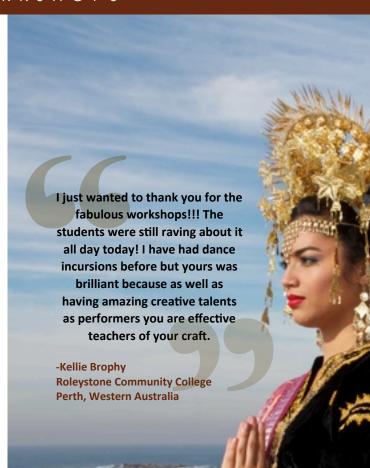
SCHOOL WORKSHOPS

## SUARA INDONESIA DANCE GROUP

Suara Indonesia Dance Group presents an energetic mix of dance, body percussion and songs unparalleled by any other performance group in Australia. With a blend of traditional and contemporary influences from their Indonesian heritage and Australian upbringing, Suara Indonesia Dance Group brings liveliness, originality and allengaging performances to the stage every time.

Teachers, Alfira O'Sullivan and Murtala, preserve traditional and folkloric dances as well as create new choreography based on traditional movements. Their traditional training and passion has inspired students to recognise the importance of the past as a way to comprehend and contribute to contemporary society and the future.

Prepare yourself to embark on a spectacular journey with this highly talented group as they share their story with you.



### THE DANCES

Suara Indonesia Dance takes participants on a journey through Indonesia and includes demonstrations of diverse dances from the islands of Sumatra, Bali and Java.

These include: Ratoh Duek from Aceh, Randai (bigpants dance) - a form of traditional theatre from West Sumatra, Tari Melayu from Riau, Tari Bajidor Kahot from West Java, Tari Betawi from Jakarta, Tari Kreasi Baru (new choreography dances) from Java and Tari Topeng (mask dance).

#### THE WORKSHOPS

All students will participate in a hands-on workshop, with **Ratoh Duek** - sitting dances from Aceh. These dances encompass intricate pattern making with your hands, accompanied by traditional devotional songs. Percussive rhythms are made through clapping, clicking, hitting the upper body, legs and voice. The movements are communal, fun and rhythmically satisfying. Individuals feel like they belong within a group and through shared action the group feels like a community, creating self-esteem and confidence. Teachers are encouraged to learn these dances with the students and incorporate them in class.

Students will also take turns in wearing the *galembong* (big pants) for **Randai**, creating rhythmic patterns together and learning basic *pencak silat* (martial arts) from West Sumatra.

## SUARA INDONESIA AT YOUR SCHOOL

Every School term Suara Indonesia Dance visits schools, universities and community groups all around Australia. Have Suara Indonesia Dance come to your school and help enrich your students' educational experience. Your students will not only be thoroughly entertained by the performances but will learn about the diversity of cultures found within the Indonesian archipelago as well as the historical and narrative spirit of the dances. Indonesian language is also incorporated in the learning process of the workshops to create a holistic learning experience.

The sessions consist of **25mins** performance of the various dances followed by **25mins** interactive workshop segments, where students not only learn movements from the dances, but have the opportunity to shine through their own performance.

Suara Indonesia Dance promotes an all-inclusive culture by catering to all ages stemming from pre-school right up to senior students. Suara Indonesia Dance ensures movements are carefully selected for the target age group, performing one-off performance workshops (45mins - 1hr) or all-day workshops (3 or 4 x 45mins sessions) with rotating groups culminating in a performance with the students at the end of the day.



+61415431453 alfirao@gmail.com

Or visit the website: **SUARA**INDONESIADANCE.COM.AU